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POST OP INSTRUCTIONS:

DO NOT EAT SOLID FOOD FOR TWO HOURS. Liquids are ok. After the two hours please eat on the other side until you see your dentist.

PAIN MANAGEMENT AFTER THE ROOT CANAL:

Your tooth may be painful after the root canal. This is not uncommon. Take 600mg. (3 tablets) of Ibuprofen (Advil or Motrin) three times a day for 3 days whether your tooth hurts or not.

If the Ibuprofen is not working you should alternate w/ Tylenol. Example: take 600mg of Ibuprofen then in four hours take 2 Tylenol. Continue until the pain is under control. If you can not take Ibuprofen take 500mg of Tylenol (follow the instructions on the bottle.)

SWELLING:

If you develop swelling please call our office immediately if you were not given an antibiotic. Rinsing with warm salt water will help with the swelling (dissolve 1 tsp of salt in 8oz. of warm water and rinse for 1 minute). This should be done as much as possible throughout the day.

ANTIBIOTICS:

If you were prescribed antibiotics or narcotic pain medication please take as directed on the bottle. You may have been told to **HOLD** the antibiotics. If you develop significant swelling then you must start the antibiotics and let our office know. If you have a reaction to any of the medication, stop the medication and call our office immediately. 707 763 2170.

FOLLOW-UP:

Unless you were told otherwise, you will need to see your dentist in 2-3 weeks for a final restoration. A temporary filling was placed today and it will need to be replaced with a Core Build-up or a crown. (your dentist will make that decision.) IF YOUR TEMPORARY FILLING BREAKS BEFORE YOU SEE YOUR DENTIST PLEASE CALL OUR OFFICE IMMEDIATELY.

PATIENT/PARENT SIGNATURE: _____ DATE: _____

PRINT NAME: _____